



# ABOUT RETT SYNDROME

Rett syndrome is a rare neurological disorder that leads to severe impairment and affects nearly every aspect of life.

Individuals with Rett develop normally for their first 6 to 18 months but then begin to miss developmental milestones or lose abilities they had gained, including their ability to speak, walk, eat, and even breathe.

Rett syndrome particularly affects speech, purposeful hand use, and coordination, leaving individuals trapped in their own bodies, understanding more than they can communicate.

Though not a degenerative disorder, Rett syndrome can manifest a lifetime of additional issues, including:

- Repetitive hand movements while awake
  - Breathing difficulties
    - Cardiac issues
  - Swallowing and digestive issues
    - Scoliosis
    - Seizures

Caused by a gene mutation on the X chromosome, Rett syndrome occurs in 1 in 10,000 female births with a growing number of males being identified.

**There is no cure for Rett syndrome.**

*Learn More:*  
[rettsyndrome.org](http://rettsyndrome.org)